



A NEW EQUILIBRIUM



## Leadership & Spirituality

A Unique Residential Retreat, April 27-29, 2010

St Bruno's, Worth Abbey, Crawley, West Sussex RH10 4SB, UK

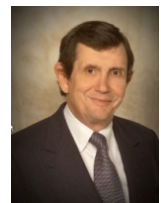
What does your spiritual life have to do with your leadership effectiveness, organizational performance, career growth, and achieving business results? Everything! Our daily leadership work should offer us an empowering opportunity to learn more on our journey of knowing and showing greater love and increasing our connectedness with those with whom we work. Yet more and more leaders complain that the pressures of today's workplace are pulling them in just the opposite direction.

This retreat is a unique opportunity for leaders to come together as fellow professionals to learn about the challenges, benefits, and practical applications of expressing their spirituality in the workplace. Conducted in St. Bruno's Retreat House, adjacent to the church at Worth Abbey, this retreat includes a series of leadership workshops interspersed with opportunities to take time for deeper reflection and/or worship within the daily monastic rhythm.

Leaders who attend this course will return to their workplace with:

- A framework for understanding how the power of the Holy Spirit can work through them to change their organization for the better.
- A clear understanding that spirituality is about more than religion or faith—it must be the driving force in every action and decision.
- A practical plan of action for integrating spiritual practices into daily leadership activities.
- Membership of a community of attendees who will support one another's ongoing journey.

**Dr. Stephen G. Payne** ([LeaderX.com](http://LeaderX.com)) is an executive leadership coach, speaker, MBA teacher, author, and founder of [A New Equilibrium](http://ANewEquilibrium.com) - a community of men and women dedicated to expanding their spiritual journey through their leadership work. Combining his faith, his experience as a CEO, and his 15 years of leadership consulting, he challenges leaders to stay more accountable to God throughout their entire career. His books and CDs include *First Rule of Leadership*, *Total Leadership*, *Driving Growth Through Leadership* and *Manage Your World On One Page*.



**Martyn Lee** is an executive coach majoring in interpersonal and influencing skills. Martyn held senior management posts with global corporations in the automotive and financial services sector. His work in these sectors encompassed personal development and all employee, pan-European, change management initiatives, including Dignity at Work, Diversity, and Quality. Martyn joined A New Equilibrium because of his unshakable belief that spirituality is not just about religion or faith; it must find expression in all aspects of life.



**Audience:** Business leaders, senior managers, and other leaders who wish to understand and improve their leadership effectiveness and personal growth by developing a stronger connection between spirituality and work.

**Registration:** The fee for seminar retreat, meals, and two nights' accommodation is £270. To book, please call Rosemary Sanders at Worth, +44 (0) 1342 710318 or follow the link at <http://www.worthabbey.net/cloister/weekday.htm>

For more information on the retreat program, call Martyn Lee, +44 (0) 1789 292033.



### Foundational Concepts

Building on a spiritual commitment that exists already in all of us to a greater or lesser extent.  
 Crystallizing and further empowering the commitment.  
 Learning some new tools and building the ongoing support structure to help things "stick."  
 Maintaining balance between the spirituality of the location and the practicality of leadership.  
 Residential, reflective, and spiritual yet "business professional" delivery and execution.

### PRE-SEMINAR WORK

Prior to attending, attendees are asked to:

- Prepare a three-minute-long introduction of themselves: Who am I? Where am I from (locale and business background)? What is something unusual or different about me? What am I seeking from this seminar?
- Consider experiences of a positive and negative spiritual nature in their leadership job, and be prepared to share them.

### PROGRAM (\* = Optional services in church for those who wish to attend)

Time	Topic	Covers
<b>Tuesday, April 27</b>		
16:00	Registration and Room Allocations	
16:30	Welcome, Goals, Protocols. Housekeeping	Martyn: Includes short introductions
17:30	Mass*	
17:50	Introductions Continue	Prayer card. Form groups
18:40	Evening Prayer*	
19:05	Supper	
20:15	The Monastic Life & Leadership	Fr. Rod
21:00	Compline*	
21:30	Leadership and Spirituality	Stephen
22:15	Optional Lectio Divina and Close	Jesus as the leadership model
<b>Wednesday, April 28</b>		
6:20	Office of Readings*	
7:30	Morning Prayer*	
8:00	Breakfast	
8:30	The Unique Power of Spirit in Leadership	Stephen: Calibration yields insights
10:30	Coffee Break	
11:00	Calibrating My Spiritual Equilibrium	Stephen: Continues earlier session
13:00	Midday Prayer*	
13:15	Lunch	
14:00	Meditative Walk	Martyn
15:15	The Leadership Work Experiences	Plenary: Covers pre-work
16:30	Spiritual Pathways and Strategies	Stephen
17:30	Mass*	
18:40	Evening Prayer*	
19:05	Supper	
20:15	Contemporary Spiritual Leadership	Martyn, in small groups
21:00	Compline*	
21:30	Feedback From Group Exercise	Stephen
22:15	Optional Lectio Divina and Close	Jesus as the leadership mode
<b>Thursday, April 29</b>		
6:20	Office of Readings*	
7:30	Morning Prayer*	
8:00	Breakfast	
8:30	Building a New Kind of Game Plan	Stephen: Practical examples
10:30	Coffee Break	
11:00	Building My Game Plan	Stephen: Continues earlier session
13:00	Midday Prayer*	
13:15	Lunch	
14:00	Final Session	Feedback and closing commitments
14:45	Close	



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