

Course Dates:

Wednesdays 19:30-21:30 (half term breaks in brackets)

Term One, 2010:

Sept. 22, 29; Oct. 6, 13, 20, (27); Nov 3, 10, 17, 24; Dec. 1.

Term Two, 2011:

Jan. 12, 19, 26; Feb. 2, 9, (16), 23; Mar. 2, 9, 16, 23, 30.

Term Three, 2011:

May 4, 11, 18, 25; Jun. (1), 8, 15, 22, 29; Jul 6

Saturdays: 10:00-16:00

2010 November 27; 2011 March 26, June 25

COST: £108 per term; Deposit £15 (includes the taster evening)

Enquiries to: **The Bookings Secretary, Worth Abbey† Open Cloister, Paddockhurst Road, Turners Hill, CRAWLEY, West Sussex. RH10 4SB**
Tel: 01342 710318; e-mail: toc@worthabbey.net; <http://www.worthabbey.net>

Personal & Spiritual Growth

September 2010-June 2011

Led by: Jo Eaton, Sally McLaren and Brenda McGinn

*A one year ecumenical
course, held in a
contemplative
environment, leading
to a deeper awareness of
God, self and others.*

At Worth Abbey each Wednesday for ten weeks during term time: 19:30-21:30
and one Saturday per term: 10:00-16:00 (see back page for dates)

Worth | The Open
Abbey | Cloister

The Course is for those:

- ◇ exploring themselves and their relationship with God and others;
- ◇ in Ministry of any kind;
- ◇ interested in deepening their spiritual life;
- ◇ can commit themselves to full attendance (previous participants don't want it to end!).

Course Content:

Two topics per term:

- Praying
- Listening
- Spiritual conversation
- Discernment
- Human being-spiritual being
- Images of God and self

This is not a 'how-to' Course. The topics are explored in small groups - with facilitated input - but mostly from the spirit, wisdom and experience of the members of the group using a 'creative listening' method.

Every session starts with an experience of prayer.

Participants summarise their exploration of each topic in a short essay.

Course Leaders

Jo Eaton has worked in the Health Service and Hospices as a clinician, manager and counsellor. Trained at Worth and the London Centre for Spirituality, where she has assisted the staff teaching team, she now offers spiritual direction and supervision in Sussex and London. She has been a facilitator of the Personal and Spiritual Growth Course for the last 4 years. Jo is an Anglican.

Sally McLaren is a counsellor and psychotherapist in private practice in Horsham. Previously an active member of a large Baptist church, she now attends an Anglican church. She has participated in and now helps facilitate the Personal and Spiritual Growth Course.

Brenda McGinn is a Catholic. She is a community nurse with hospice nursing experience. Brenda trained at the Catholic Bible School and is a spiritual director. Brenda was a participant in the Personal and Spiritual Growth Course 3 years ago and now joins the team facilitating it.

TASTER EVENINGS

Wednesday 7th or 21st July or 15th September 2010
(19:30-21:30)

You will be required to attend one of these as part of your application to the course. Only after these, might you be offered a place on the full course.

To apply for a place:

(applications to be in by 8th September 2010)

Please fill in the form below and return with your deposit to the address overleaf

Personal and Spiritual Growth Course 2010-2011

Please enclose a non-returnable booking fee of £15 which will include the cost of the Taster Evening (Cheques made payable to 'Worth Abbey Projects Ltd')

I will attend the Taster Evening on: Wednesday 15th September

Name _____

Address _____

POSTCODE _____

Telephone: _____ e-mail: _____

18-35 36-50 51-65 over 60
RC Anglican Other Christian Other religion none

Where did you hear of this course?